

SPARTATHLON 2012 PROGRAM

WEDNESDAY 26.09.12	10.00-17.00 12.00-14.00 20.00-21.00	Arrival and Registration of Competitors at the London Hotel . Registration of Athletes, Journalists and Handlers. Informal meeting with Competitors' Steward. Lunch Buffet Dinner
THURSDAY 27.09.12	07.30-09.00 10.00-16.00 12.00-14.00 14.00-16.00 16.00-17.00 20.00	Arrival and Registration of Competitors at the London Hotel . Breakfast Registration of Athletes, Journalists and Handlers. Competitors to prepare and deliver their special items (drop bags) for specific check points. Lunch Medical examinations of competitors. Official briefing sessions - Instructions for Athletes and Support Crews. Dinner - Preparation of baggage/personal effects for Sparta.
FRIDAY 28.09.12	05.00- 06.00 06.00 06.50 07.00	Breakfast -Baggages for Sparta to be on bus by 06.00 Depart for Race Start at the Acropolis Preparation - Checking - Interviews START OF THE RACE
SATURDAY 29.09.12	19.00 20.30 22.00	TERMINATION OF RACE in Sparta (Statue of King Leonidas). Transport to accommodation at various hotels. Presentation of awards by Municipality of Sparta (main city square). Dinner
SUNDAY 30.09.12	08.00 -10.00 10.00 -12.30 13.00 -14.30 15.00 18.30-20.00 20.00-21.00	Breakfast Delivery of personal items from the C/P . . Buses depart for municipal lunch with Mayor of Sparta. Departure for Athens Free time for sight-seeing in Athens. Dinner
MONDAY 01.10.12	08.00 -09.30 12.00 -14.00 20.00	Breakfast Lunch - Morning and afternoon at leisure. International SPARTATHLON Association Awards Ceremony. Followed by official Dinner.
TUESDAY 02.10.12		Departure of Athletes. Program ends.