



ΣΠΑΡΤΑΘΛΟΝ

ΔΙΕΘΝΗΣ ΣΥΝΔΕΣΜΟΣ ΣΠΑΡΤΑΘΛΟΝ

TECHNICAL INFORMATION SPARTATHLON 2021

Welcome to SPARTATHLON 2021!

This year, we will not have a technical orientation in the Registration Hotel in order to avoid overcrowding due to the COVID-19 pandemic.
Please find the technical details regarding your participation in this year's Race.

WEATHER

The weather will be very good on the days of the Race.

No rain predicted, the wind will be slight and the temperatures will sit at 25-30 degrees Celsius during the day, and at 12-10 degrees Celsius during the night. Of course, it all depends on the altitudes and regions.

COVID CHECK

During your arrival at the OASIS hotel, before you will receive your IDs and BIBs, you will be met with our COVID team that will be checking for Vaccination/Recovery certificates OR PCR tests.

NPHO (National Public Health Organization) team will also be present for the 2 days of the Registration to further ensure everyone's safety.

DROP BAGS

No drop bags will be available for the next check points:

1, 2, 3, 6, 11, 16, 21, 23, 34, 36, 51, 54, 61

GPS TRACKING

From this year onwards, each Athlete will receive a GPS tracker. As a result, the Organization Team and the Athlete's supporters will be aware of the Athlete's exact location via link from the website.

In the case of an Emergency, by pressing the SOS button, the Organization Team will offer help as soon as possible to the Athletes. (Please do not use the SOS button without cause as it will slow down the reaction to an emergency)

The GPS tracker has two buttons: **ON/OFF** and **SOS**.

Turn on the tracker 15 minutes before the START.

Κοδρου 7. Αθηνά 105 58

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ΥΠΟ ΤΗΝ ΑΙΓΙΔΑ



ΥΠΟΥΡΓΕΙΟ ΕΘΝΙΚΗΣ ΑΜΥΝΑΣ

ΥΠΟ ΤΗΝ ΑΙΓΙΔΑ



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΤΟΥΡΙΣΜΟΥ

ΜΕ ΤΗΝ ΥΠΟΣΤΗΡΙΞΗ



ΙΑΔΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS
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The tracker will have to be OFF after the Athletes cross the FINISH line OR when the Athletes abandons the Race before that.

Manual turning off of the tracker during the race by the athlete will be a penalty.

After the Finish or Abandonment of the Race, the Athlete will return the GPS tracker to the Organization Team.

Instructions - Please watch carefully the instructive videos by following the links below:

[How to power trackers ON](#)

[How to power trackers OFF](#)

START

The Start and Finish of the Race will be broadcasted LIVE from our website spartathlon.gr

The Start will begin at 7 am and Athletes will proceed to do a WAVE START (keeping the appropriate distances of 1.5 meters between each other).

The Start is at Dionisiou Aeropagitou street at the Herodus Atticus Theatre.

MASKS ARE OBLIGATORY FOR BOTH ATHLETES AND SUPPORTERS.

Athletes will be able to remove their masks right before they are appointed to their starting point.

During the Race, photos will be published on our website by Sparta's Photography Club.

Informative posts will be made on our Facebook and Instagram pages.

CHANGES AND DETOURS

At Megara, due to an obstruction at the Bridge at National Avenue, C/P 10 has been moved northwards ([please see the map](#)).

In the region of Kineta, specifically 100 meters before C/P 16, the bridge has been damaged and thus the Supporters' cars will have to follow to the right before the bridge.

(Athletes will be able to cross the bridge where the local authorities permit and thus will not be straying from the route).

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Please [see the map here](#), red color for the route that the Supporters and their cars will have to follow.

During the entirety of the Race, Athletes and Supporters alike will have to obey the Health and Safety Protocols by keeping social distancing and avoiding overcrowding.

MASKS MUST BE WORN AT ALL TIMES FROM SUPPORTERS.

PLEASE READ OUR HEALTH AND SAFETY PROTOCOLS [HERE](#).

If Supporters will not obey the Health and Safety Protocols, the Athlete they are supporting will be DISQUALIFIED.

C/P ATHLETE SUPPORT

There has been a change to the 2021 Roadbook and ONLY at the following C/Ps Athletes will receive Supporter help

12, 22, 26, 29, 32, 35, 40, 43, 47, 52, 57, 60, 65, 68, 72, 75

At no other C/P, or during the Race will the Athletes receive any Supporter's Help.

If for a serious emergency the Athlete requires Supporter Help at the any other C/P other than the ones mentioned above, ONLY a Supporter with an SP ID will be able to offer aid or Athlete's items.

SUPPORTERS MUST WEAR THEIR MASKS AT ALL TIMES.

If Supporters disregard this, the Athlete they are supporting will be DISQUALIFIED.

FINISH

At the finish, the athletes will receive an olive wreath and a prize by their own from a special base or tray offered by the people of the Municipality of Sparta.

After the finish, the athletes and after receiving the necessary medical care will end up in the hotels that have been announced to them by the event and are posted on the website. [See the table here](#)

This year there will be a small event (duration 20') in the central square of SPARTA from the Municipality of Sparta at 21.00 on Saturday 25/09 where the first 3 men and women will be awarded. No meal will be given by the Mayor of Sparta the next day as usual to avoid overcrowding. (Covid19)

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ΙΣΝ / SNF

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On Monday 27/09 Athletes, Supporters and Staff will be transported to an appropriate open location where they will receive their Medals, and will dine.

Enjoy SPARTATHLON race and we wish Good Luck to All

The President
Evangelos Polymeris

General Secretary
Panagiotis Bonelis

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